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06 mai 2020

## **Eltereschoul Doheem #6**

Dear parents,

The 6th edition of "**Eltereschoul Doheem**", the letter to parents from Eltereschoul/Ecole des Parents, focuses on the gradual return to school.

### **Deconfinement: My child is going back to school**

Some children and parents look forward to going back to school, others are insecure and feel uncomfortable. A good preparation in the family circle can facilitate this exceptional back-to-school season.

- The return to school will be accompanied by new rules and social barrier gestures, which you and your children can consult beforehand at: [www.gouvernement.lu](http://www.gouvernement.lu).
- Children need simple explanations to understand the importance of the new hygiene measures in their school. This will help them realize that they are protecting themselves and their friends.
- Wearing mouth and nose protection is disturbing for everyone. Make sure your children understand how to use the mask properly: wash their hands after touching the mask and do not lend it to or exchange it with a friend.
- Your children might not be going back to school at the same time as their best friends. If this is the case, it is very important that they have the opportunity to keep in touch with them.
- Since the children have to get back into the school routine again, it is important to gradually adjust their bedtime and wake-up time.
- For the children, the priorities of the first few days will not be about school subjects. They need time to adjust and assimilate the new conditions.

Children will continue to ask questions. You may not always know the answers, but you will know what issues they are concerned about.

Trust your children. They can mobilize the resources they need to adapt to this exceptional situation.

### **The Eltereschoul team**

If you have any further questions, please do not hesitate to contact us by e-mail: [eltereschoul@kannerschlass.lu](mailto:eltereschoul@kannerschlass.lu).  
Leave your name and phone number and a member of the team will contact you as soon as possible.

